Associate Degree in Dietetic Food Systems Management

School Food Service Emphasis

For persons interested in managing a school food service or child nutrition program.*

To broaden your opportunities and excel in your career, you need a top-quality education. By choosing the World Campus’s School Food Service program, you can:

- prepare for SNA certification and the SFNS credentialing exam
- earn college credits and complete an associate degree
- broaden your potential job opportunities, take on greater responsibilities, and advance your career

Penn State’s career-focused distance education program with a School Food Service emphasis allows you to create your own, customized educational plan—whether you are interested in taking a single course, earning a certificate, or completing your associate degree in dietetic food systems management.

Going back to school or enrolling for the first time can be scary. Because the School Food Service program offers a “step-up” curriculum, you can decide whether the program is right for you before making a commitment.

Build self-confidence and clarify your goals through student-focused distance learning and with the guidance of a caring faculty adviser. Complete as many courses or steps as you need to meet your goals. Each step builds on the knowledge you gain from completing the previous step.

*To complete the degree program, you must be employed at least part-time in a school food service operation or a child nutrition program. If you are not currently employed, please contact us by e-mail (pswd@psu.edu) or phone (800-252-3592 ext. 5) to discuss your options.

Why Choose Penn State World Campus?

Convenience
- Study and learn at your own pace.
- Complete courses without leaving home and job responsibilities.

Excellence
- Our dedicated faculty have expertise in the field and many years of experience in teaching and advising distance learners.
- Our 110-year history as a distance education pioneer means that Penn State really knows how to help you get where you want to go!
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- Earn credits for certification by the School Nutrition Association (SNA).
- Prepare for the school food service and nutrition specialist (SFNS) credentialing exam.
- Demonstrate initiative to your current or a future employer.
- Earn credit toward your associate degree from Penn State.

School Food Service Emphasis: Step-up Program Outline

**Step 1 (2 credits) Start with a single course.**
D S M 105 Introduction to School Food Service

**Step 2 (9 more credits) Complete course work to qualify for SNA Level 3 certification.*
D S M 101 Food Safety and Sanitation
NUTR 151 Nutrition Component of the Food Service System
D S M 205 Human Resource Management in Food Service Operations

**Step 3 (13 more credits) Earn a School Food Service Management Certificate from Penn State.**
D S M 250 Principles of Quantity Food Production
D S M 260 Management and Analysis of Quantity Food
D S M 275 Cost Control in Institutional Food Service
ENGL 015 Rhetoric and Composition

**Step 4 (36 more credits) Earn an associate degree in dietetic food systems management with an emphasis in School Food Service, and qualify to take the SFNS credentialing exam.*
D S M 195 Field Experience in Community Dietetics
D S M 204 Marketing of Child Nutrition Programs
D S M 295W Professional Staff Field Experience
HD FS selection
Sociology or psychology courses
General Education: 15 credits
Electives selected with adviser to meet graduation requirement of 60 credits

For the 2004–05 academic year, tuition per credit is $264 for D S M and NUTR courses numbered 001–299.
For other courses in the program, tuition per credit is $199 for courses numbered 001–299 and $396 for courses numbered 300–499.

Approved by the School Nutrition Association (formerly the American School Food Service Association)

*with appropriate work experience